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WEEK:

Monday, July, 08, 2024

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
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HABITS

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3: Meditate

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NOTES

WEEK:

Monday, July, 22, 2024

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
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HABITS

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3: Meditate

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NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

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HABITS

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- DEFERRED TASKS
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PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

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HABITS

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BIG WINS

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HABITS

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PRIOR WEEK BIG THREE

START STOP KEEP

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