

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

WEEK:

Monday, July, 07, 2025

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

	1:	2:	3:
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<hr/>	<input type="checkbox"/>	<input type="checkbox"/>

NEW BIG THREE

-
-
-

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

WEEK:

Monday, July, 28, 2025

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:	2:	3:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NEW BIG THREE

-
-
-

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:	2:	3:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NEW BIG THREE

-
-
-

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____

- _____

- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

○ _____

○ _____

○ _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____
- _____
- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

REVIEWED

- DEFERRED TASKS
- NOTES
- FILL OUT CALENDAR
- TO DO LIST
- DELEGATE
- BREAK DOWN BIG 3

PRIOR WEEK BIG THREE

START STOP KEEP

BIG WINS

- 1
- 2
- 3
- 4
- 5

HABITS

1:

2:

3:

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ | <input type="checkbox"/> | _____ |

NEW BIG THREE

- _____

- _____

- _____

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

BIG THREE

○

○

○

TASKS

SCHEDULE

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

NOTES

